# Mountain Weather Forecast

## Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Saturday 01 Jul 2023 until 23:59 on Sunday 02 Jul 2023

Forecast Issued on Friday 30 Jun 2023 at 14:41 by Met Office Aberdeen

**Confidence:** High for a showery, windy few days and feeling cold on the tops.

**Headline for Saturday 01 Jul 2023:** Bright spells. Blustery showers. Cold and quite windy on the tops.

**Mountain weather hazards on Saturday 01 Jul 2023**

**Blizzards**
No Likelihood

**Heavy persistent snow**
No Likelihood

**Storm force winds**
No Likelihood

**Gales**
Low Likelihood

**Severe chill effect**
Low Likelihood

**Poor visibility**
Low Likelihood

**Thunderstorms**
No Likelihood

**Heavy persistent rain**
No Likelihood

**Strong sunlight**
Medium Likelihood

| Weather and chance of precipitation at 800m | | | | | | | |
|---|---|---|---|---|---|---|---|
| Time | | | | | | | |
| 00:00 | 03:00 | 06:00 | 09:00 | 12:00 | 15:00 | 18:00 | 21:00 |
| | | | | | | | |
| Light rain | Light rain | Light rain showers | Light rain showers | Heavy rain showers | Heavy rain showers | Light rain showers | Light rain showers |
| Precipitation probability | | | | | | | |
| 40% | 30% | 40% | 50% | 50% | 50% | 50% | 30% |

**Forecast for Saturday 01 Jul 2023**

**Weather:** Rather cloudy with rain turning more showery overnight. Becoming brighter on Saturday morning with sunny spells developing. Also blustery showers, some heavy and most frequent over north Highlands, but passing by quickly.

**Chance of cloud-free hill tops above 800m:** 60%.

**Low cloud and visibility:** Away from showers the visibility will be very good with occasional cloud cover above about 700 to 800m. Marked reductions to poor visibility as showers pass by with clouds more extensive lower down the hills.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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# Mountain Weather Forecast

**Forecast for Saturday 01 Jul 2023**

| Height (m) | Wind Speed mean/gusts (mph) | | | | | Wind Direction (blowing from) | | | |
|---|---|---|---|---|---|---|---|---|---|
| | 00:00 | 03:00 | 06:00 | 09:00 | 12:00 | 15:00 | 18:00 | 21:00 | 00:00 |
| **1000** | 14/17 SW | 20/24 W | 22/28 W | 34/43 W | 31/41 W | 31/41 W | 32/43 NW | 30/40 W | 30/40 W |
| **900** | 13/17 SW | 19/23 W | 22/27 W | 31/41 W | 31/41 W | 29/39 W | 31/42 NW | 29/39 W | 29/39 W |
| **600** | 10/13 SW | 14/18 W | 16/22 W | 22/31 W | 24/34 W | 22/32 W | 23/34 W | 21/30 W | 20/30 W |
| **300** | 3/12 W | 5/18 W | 7/24 W | 9/32 W | 11/34 W | 10/31 W | 11/35 NW | 10/31 W | 9/30 W |
| **Glen** | 5/10 W | 8/16 W | 13/23 W | 16/30 W | 17/31 W | 16/30 W | 17/31 NW | 13/26 W | 13/26 W |

| Height (m) | Temperature / Feels Like (°C) | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| | 00:00 | 03:00 | 06:00 | 09:00 | 12:00 | 15:00 | 18:00 | 21:00 | 00:00 |
| **1000** | 8/4 | 7/3 | 7/2 | 5/-2 | 5/-2 | 5/-2 | 5/-2 | 4/-3 | 3/-3 |
| **900** | 8/5 | 8/4 | 8/3 | 6/-0 | 6/-0 | 6/-0 | 6/-1 | 5/-2 | 4/-2 |
| **600** | 10/8 | 10/7 | 10/6 | 8/4 | 8/4 | 8/4 | 8/3 | 7/2 | 7/2 |
| **300** | 11/11 | 11/10 | 11/10 | 11/9 | 12/10 | 11/10 | 10/8 | 9/7 | 9/7 |
| **Glen** | 13/13 | 13/12 | 13/11 | 13/10 | 14/11 | 14/11 | 13/10 | 12/9 | 12/9 |
| **Freezing Level*** | 2600m | 2300m | 2100m | 1800m | 1600m | 1600m | 1700m | 1600m | 1500m |

**Level above which ground is expected to be frozen/snow is expected to settle.*

**Met Office Aberdeen Meteorologist's View**

Note strongest winds will be over mountains of Skye and Knoydart. Less windy over north Highlands. Feeling cold on all the tops especially as showers come along.

**Forecast for Sunday 02 Jul 2023**

**Weather:** Another day of sunny spells and showers, some on the heavy side. The showers most frequent in the west affecting the mountains of Knoydart, Skye and Torridon. Fewer showers and more sunshine in east of area towards Ben Wyvis.

**Maximum wind:** Another windy day with strong westerly winds, average speeds of 30mph with gusts 45 to 50mph over higher ridges and summits.

**Chance of cloud-free hill tops above 800m:** 70%

**Low cloud and visibility:** Air will have great clarity resulting in very good visibility with patchy fog above 800m. Reductions to poor visibility as heavier showers come along with more extensive hill fog.

**Temperature:** **Glens:** 8 Celsius rising to 16 Celsius.
**At 800m:** 8 Celsius.
**Freezing level:** Above the summits.

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